

INTRODUCTION

Here you'll find a list of all of the products sold in our shops, with allergens listed along the top of the page for easy reference. If a product contains one of these ingredients, then you will find a tick in the corresponding box.

Where a product contains 'Cereals Containing Gluten' and 'Nuts: you will find specific ingredients listed (e.g., wheat, rye, oats).

Please remember to check our guide and the ingredient label regularly as recipes do change from time to time - the last thing we want is for anyone being caught out by a new take on an old favourite.

We prepare our fresh food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we cannot guarantee that any of our food or Barista-made drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with dairy and egg allergies.

In line with the Vegan Society recommendations we at Pret are using the term 'vegan-friendly' to label products that may not be made in dedicated vegan sites.

The Food Standards Agency regards the following ingredients and their derivatives as allergens:

Peanuts Tree Nuts

Sesame Cereals containing Gluten

Crustaceans Celery & Celeriac

Egg Fish
Lupin Milk
Mustard Mollusc
Soya Sulphites

In addition we also declare Pine Nuts as an allergen

If you are interested in an ingredient outside the 14 listed above please look at the ingredient list on the website or the label on the individual product.

If you have any trouble finding what you're looking for, just ask the Manager - they'll be more than happy to help.

We understand that no matter how detailed our guide is, there may be times when it can't answer the questions you may have. If you need to know more, please do visit our website at **www.pret.co.uk** or contact our Customer Service Team on **0207 827 8801.**

This Allergen Guide only covers food and drink sold in our UK shops



Baguettes & Sandwiches

We prepare our freshly made food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we cannot guarantee that any of our food or drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but not suitable for those with milk and egg allergies.

														1	for tho	se witl	h milk	and eg	gg allergi	es.											
		Ve					Tre	ee Nuts						C	Cereals cont	aining glute	en							Milk							
Product	/egetarians	gan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Baguettes																															
Artichoke Antipasti Baguette	Υ	Υ										>						>													
Artichoke, Tapenade & Olive	Υ	Υ										>						>													ldot
Herby Avo & Red Pepper Baguette	Υ	Υ										~						~													
Avo, Olives & Toms	Υ	Υ										>						>													~
Brie, Tomato & Basil	Υ																	~					~								
Chicken Caesar & Bacon												~						~			~	~	~							<u> </u>	
Chicken Salad Baguette																		~			~		>								
Smoked Salmon, Egg Mayo & Avo												>						>			~	>								<u></u> '	oxdot
Italian Prosciutto												>						>			~		~								
Mexican Style Avo & Pepper	Υ	Υ										>						>												<u> </u>	
Posh Cheddar & Pickle	Υ											~						~			~		~					~			
Free Range Egg Mayo & Smoked Salmon																		~			~	~						~		<u> </u>	
Mozzarella, Roasted Pepper & Pesto Baguette	Υ											>						>			>		>								~
Spicy Tuna																		>			~	>	~							<u> </u>	
Sticky Mushroom Bahn Mi	Υ	Υ										>						>											~		
Sweet Chilli Chicken Baguette												>						>											~		
Tuna Mayo & Cucumber																		~			~	~									
Tuna Nicoise												>						>			>	>	~								
Wiltshire-Cured Ham & Greve																		>			>		~					~			
Sandwiches																															
BLT													>					>			>										
Chicken, Avocado & Basil													>					>			>		~								
Chicken Salad													>					>			>		>								
Classic Super Club													>					>			<										
Crayfish & Rocket													>					>	>		<										
Free-Range Egg Mayo	Υ												>					>			<							>		\Box	
Ham & Cheese													>					>					>								
Humous & Veg	Υ	Υ										>	>					>													
Kids' Cheese Triangles	Υ												>					>					~								
Kids' Chicken & Cucumber Triangles													~					~			~										
Kids' Ham Triangles													~					~					~								
Mature Cheddar & Pickle	Υ												~					~			~		~								
Scottish Smoked Salmon													~					~				~	~								
Super Greens & Reds	Υ	Υ											>					>													
Tuna Mayo & Cucumber													>					~			~	>									
The VLT	Υ	Υ											>					>													

Rolls & Wraps

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	<	≤					Tre	e Nuts					С	ereals cont	aining glute	en							Milk							
Product	egetarians	gan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Rolls																														
Egg, Mustard & Tomato Rye Roll	Υ											>			>		~			<							<			
Jambon Buerre																	~					~								
Mediterranean Style Tuna Rye Roll												Y			>		Y			<	>									
New Yorker Rye Roll												>			>		Y			<							<			
Scandi Style Salmon												>			>		~			~	>						~		~	
Veggie Deli Rye Roll	Υ											>			>		~			~		>					~			
Wraps																														
Avo & Herb Wrap	Υ														~		~			~		~								~
Chicken Pesto Wrap															>		~			~		>								~
Chicken Satay Wrap															>		~			~								~		
Fajita Chicken & Avo Wrap															>		~													
Falafel, Avocado & Chipotle Salad Wrap	Υ	Υ													>		~												~	
Hoisin Duck Salad Wrap															>		~			~								~		
Humous & Chipotle Wrap	Υ	Υ									>				>		¥													
Thai Style Avo & Slaw Wrap	Υ	Υ													>		Y									_		>	, and the second	
Tandoori Bhaji Salad Wrap	Υ														>		Y			Y		>							¥	

Contents Key:

✓ (Product Contains)Y (Suitable For)

Breakfast

We prepare our freshly made food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we cannot guarantee that any of our food or drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but not suitable for those with milk and egg allergies.

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	<	Vec					Tr	ree Nuts						C	Cereals cont	aining glute	n							Milk							
Product	egetarians	gan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Almond Croissant	Υ			~														Y			>		~								
Bacon & Egg Breakfast Roll																>		>			>		•								
Breakfast Baguette Free-Range Egg Mayo & Avocado	Υ																	>			<										
Breakfast Baguette Free-Range Egg Mayo & Bacon																		>			>										
Breakfast Baguette Roasted Tomatoes & Egg Mayo	Υ																	>			>										
Breakfast Baguette Salmon & Egg Mayo																		>			>	>						>			
Butter Croissant	Υ																	>			>		<								
Cheese Twist	Υ																	>			>		•								
Chocolate Croissant	Υ																	>			>		<						>		
Cinnamon Danish	Υ																	>			>		•								
Ham, Cheese, Tomato & Bacon Croissant																		>			>		<								
Mozzarella & Tomato Croissant	Υ																	>			>		<								
Pain aux Raisin	Υ																	>			>		•								
Pastel de Nata	Υ																	>			>		•								
Porridge Topper - Chocolate, Banana & Coconut	Υ	Υ																											>		
Porridge Topper - Cranberry & Seeds	Υ	Υ																													
Porridge Topper - Seed & Fruit	Υ	Υ																												<u> </u>	
Porridge Topping - Five Berry Compote	Υ	Υ																													
Porridge Topping - Honey	Υ																														
Pret's Bacon Breakfast Roll																>		>					>								
Pret's Proper Porridge	Υ														>								<						$oxdot^{\neg}$		
Pret's Protein-Packed Shakshuka	Υ																				<			>	>						
Pret's Veggie Breakfast Roll	Υ															ζ.		>			۲		<								
Sausage & Egg Breakfast Roll																>		>			>		\								
Very Berry Croissant	Υ	Υ																J													

Cold Drinks

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We prepare our freshly made food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we cannot guarantee that any of our food or drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but not suitable for those with milk and egg allergies.

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	<	× .					Tre	e Nuts							Cereals cont	taining gluten								Milk							
Product	egetarians	gan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Apple Juice	Υ	Υ																													1
Coke (all types)	Υ	Υ																													
Cranberry, Raspberry & Pomegranate Pret Still	Υ	Υ																													
Easy Greens	Υ	Υ																													
Ginger Shot	Υ	Υ																													
Green Tea & Peach Pret Still	Υ	Υ																											i		i
Hot Shot	Υ																												1		1
Lemon & Ginger Pret Still	Υ	Υ																											i		
Mango Smoothie	Υ																												1		1
Mango, Passion Fruit & Lime Pret Still	Υ	Υ																													
Orange Juice	Υ																												1		1
Pret Apple Fizz	Υ	Υ																													
Pret Cucumber & Mint Seltzer	Υ	Υ																													ı
Pret Ginger Beer	Υ	Υ																													
Pret Ginger Kombucha	Υ	Υ																													ı
Pret Grape & Elderflower	Υ	Υ																													
Pret Lime & Raspberry Seltzer	Υ	Υ																													ı
Pret Rhubarb Lemonade	Υ	Υ																													
Raspberry, Dragonfruit & Yuzu Juice	Υ	Υ																													ı
Reusable Aluminium Water Bottle	Υ	Υ																													
Sparkling Spring Water	Υ	Υ																											1		i
Still Water 500ml	Υ	Υ																													
Still Water 750ml	Υ	Υ																											1		i
Vitamin Volcano	Υ	Υ																													

Contents Key:

✓ (Product Contains)Y (Suitable For)

Fruit & Pots

We prepare our freshly made food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we cannot guarantee that any of our food or drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but not suitable for those with milk and egg allergies.

														Suitai	ne for	tnose	with m	шк апс	d egg all	iergies.											
		<u><</u>					Tre	e Nuts						C	ereals cont	aining glute	en							Milk							
Product	Vegetarians	Vegan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Fruit	<u>, </u>																														
Apple	Υ	Υ																													
Banana	Υ	Υ																													
Easy Peeler	Υ	Υ																													
Fruit Salad	Υ	Y																													
Mango & Lime	Υ	Υ																													
Melon & Blueberry	Υ	Υ																													
Superfruit Salad	Y	Υ																													
Watermelon & Lime	Υ	Υ																													
Pots	1																														_
Acai & Almond Butter Bowl	Υ	Υ		~											>																
Banana, Honey & Yogurt Pot	Υ																						~						<u> </u>		
Bircher Muesli	Υ									~					>								•								
Yogurt & Five Berry Pot	Υ																						>								
Five Berry Bowl	Υ														<								>								
Kids' Mango & Banana Yogurt Pot	Υ																						~								
Mango & Banana Sunshine Bowl	Υ	Υ													>																
The Big Apple Bowl	Υ														>								~								

Pret's Hot

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Ve	Veg					Tre	ee Nuts						С	ereals cont	aining glute	n							Milk							
getarians	an Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
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	y Y Y Y Y	gan Friendly Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y	gan Friendly Peanut Peanut Peanut Y Y Y Y Y Y Y Y Y Y Y Y Y	gan Friendly Peanut Almond Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y	eg el arians Peanut Almond Brazil Nuts Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y	getain and Peanut Almond Brazil Cashews Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y	Peanut Almond Brazil Nuts Cashews Hazelnut Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y	gediadrans Peanut Almond Brazil Cashews Hazelnut Macadamia Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y	Peanut Almond Brazil Cashews Hazelnut Macadamia Pecan Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y	Peanut Almond Brazil Nuts Cashews Hazelnut Macadamia Pecan Pistachio Pistachio Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y	Peanut Almond Brazil Nuts Cashews Hazelnut Macadamia Pecan Pistachio Walnut Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y	Peanut Almond Brazil Nuts Cashews Hazeinut Macadamia Pecan Pistachio Walnut Sesame Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y	Cashewa Hazelnut Macadamia Pecan Pistachio Walnut Sesame Barley	Pearut P	Peanut	Pearly Pearly Pearly Almond Brazi Cashewa Hazelnut Macadamia Pecan Pistachio Wainut Sesame Barley (Kamut Wheat) Cash Rye	Peanutic Peanutic	Manual Barier Peanut Almond Brazil Almond Almond Almond Brazil Almond Almond Brazil Almond Brazil Almond Almond Brazil Almond A	Peanut	Almond Brazil Cashew Hazehru Macadamia Pocan Petachio Wahut Sesame Sarry Kamut Qols Rye Spelt Winest Colorise and colorise Colorise	Color Colo	Manual M	Manufacture Post Manufacture Post Manufacture Post Post Post Manufacture Post Post Post Manufacture Post Post	Pennit P	Partial Brief Partial Brie	Patrol P	Personal Part Alternative Personal Part Alternative Personal Part Personal Part	Personal Personal Range Personal Range Personal Range Range	Part	Period Period Period Annol Razi Cahee Peach Macadem Peach Peach Water State Cate Cate

Pret's Hot

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		<					Tr	ree Nuts						(Cereals cont	taining glut	en							Milk							
Product	Vegetarians	egan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Soup																															
Butternut Masala Soup	Υ	Υ																													
Chicken Laksa																												~	>		
Lasagne Soup																		>													
Red Thai Veg Soup	Υ	Υ																											>		
Souper Greens	Υ	Υ																													
Souper Tomato	Υ	Υ																													
Spicy Lemongrass Chicken Broth																						>							>		
Sunshine Dhal	Υ	Υ																													
Soup White Baguette	Υ	Υ																>													
Barley & Rye Soup Roll	Υ	Υ											~			>		>													

Salads

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		<					Tre	ee Nuts						(Cereals cont	aining glute	en							Milk							
Product	Vegetarians	egan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Chef's Italian Chicken Salad										~											\	~	~								
Chargrilled Pepper & Feta Pasta Salad	Υ																	>						>	>					>	
Chicken & Avo Protein Bowl												>									>								>		
Chicken Satay Salad																													>		
Egg & Spinach Protein Pot	Υ																				<										
Humous & Falafel Mezze	Υ	Υ										>																			
Kids' Humous & Cucumber Bowl	Υ	Υ										>																			
Pesto, Pasta & Mozzarella	Υ																	>					>							>	>
Petite Super Club Salad																					~	~	~							¥	
Petite Crayfish & Avo Salad																			>												
Petite Green Goddess Salad	Υ																							>	>				>		
Petite Tricolore Salad	Υ																						>								
Salmon & Mango Salad																						~							>	>	
Smoked Salmon Protein Bowl																					V	~							>		
Smoked Salmon & Egg Protein Pot																					~	~									
Tuna Nicoise Salad																					<	>									
Dressing																															
Green Dressing	Υ	Υ																											>		
Balsamic Dressing	Υ	Υ																												>	
Chilli & Lime Dressing	Υ	Υ																													
French Dressing	Υ	Υ																													

Snacks

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	Veg	LJ A					Tr	ee Nuts						С	ereals conta	aining glute	en			Celery				Milk							
Product	etarians	Vegan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Almond Butter Protein Ball	Υ	Υ		>																									<		
BBQ Popped Chickpea Chips	Υ	Υ																													
Chilli, Bean & Seed Tortilla Chips	Υ	Υ																													
Cranberries in Coats	Υ																						>								
Dark Chocolate Salted Almonds	Υ	Υ		<																									<		
Fruit & Seed Bite	Υ	Υ																													
Fruit, Nuts & Chocolate	Υ			<																			<						<		
Mature Cheddar & Red Onion Crisps	Υ																						<								
Milk Chocolate Bar	Υ																						<						<		
Salted Caramel Dessert Pot	Υ																	~					<								
Pret A Mango	Υ	Υ																													
Salted Crunchy Corn	Υ	Υ																													
Sea Salt & Cider Vinegar Crisps	Υ	Υ																													
Sea Salt Crisps	Υ	Υ																													
Sea Salt Popcorn	Υ	Υ																													
Smoked Chipotle Crisps	Υ	Υ																			·										
Sweet & Salt Popcorn	Υ	Υ																			·										-
Smoky Sweet Crunch Mix	Υ					~								·		·		·			·	·				·			\		

Sweet Treats

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	Veg	∃ ≲					Tr	ee Nuts						С	ereals con	taining glute	en			Celery				Milk						1	
Product	etarians	Vegan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Almond Butter Bite	Υ			<																									\		
Banana Fridge cake	Υ																	>			<		<							ł	
Caramel Waffle	Υ																	>					<						>		
Carrot Cake	Υ										>							>			>		<							1	
Choc Bar	Υ																	>					<						\		
Chocolate Brownie Bar	Υ																	>			<		<						~	1	
Chocolate Chunk Cookie	Υ																	~					<								
Chocolate Moose Dessert Pot	Υ																						\						>	ĺ	
Coconut Bite	Υ	Υ																											~		
Dark Chocolate & Almond Butter Cookie	Υ	Υ		>														>												1	
Dark Chocolate Corn Cakes	Υ																												>		
Dark Chocolate with Sea Salt	Υ																												>	ĺ	
Double Berry Muffin	Υ																	~			\		~								
Fruit, Oat & Spelt Cookie	Υ														~		~	>					<							1	
Hazelnut Truffles	Υ	Υ					~																								
Lemon Cake	Υ			~																	~		~							i	
Lemon Cheesecake	Υ																	~			~		~								
Love Bar	Υ			~						~					Y								~						~	i	
Nut Bar	Υ	Υ		~																									~		
Peach & Almond Bakewell	Υ			~														~			<		~							i i	
Popcorn Bar	Υ																						~						>		
Pret's Caramel Shortbread	Υ																	~					~						>	ĺ	
Pret's Gingerbread Biscuit (Annie & Godfrey)	Υ																	~			>										
Pret Bar	Υ														>			>					<							i l	
Pret's Coffee Caramel Slice	Υ																	>					<						>		
Raspberry & White Chocolate Cookie	Υ																	~					>						>		
Raspberry Cheesecake Brownie	Υ																	~			>		>						>		
Scone with Jam & Clotted Cream	Υ																	~			~		~							i	1

Contents Key:

✓ (Product Contains)Y (Suitable For)

Barista Prepared Drinks

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															wi	th mill	k and e	egg all	ergies.												
	Ve	Veg					Tr	ree Nuts						С	ereals cont	aining glute	n			Celery				Milk							
Product	getarians	an Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Coffee																															
Americano Black	Υ	Υ																													
Americano Semi Skimmed milk	Υ																						~								
Americano Skimmed milk	Υ																						<								
Americano Soya (instead of milk)	Υ	Υ																											<		
Americano Coconut (instead of milk)	Υ	Υ																													
Americano Oat (instead of milk)	Υ	Υ													<																
Cappuccino Semi Skimmed milk	Υ																						<								
Cappuccino Skimmed milk	Υ																						<								
Cappuccino Soya (instead of milk)	Υ	Υ																											<		
Cappuccino Coconut (instead of milk)	Υ	Υ																													
Cappuccino Oat (instead of milk)	Υ	Υ													>																
Espresso	Υ	Υ																													1
Filter - Black Coffee (add milk or milk alernative if White Americano)	Υ	Υ																													
Flat White Semi Skimmed milk	Υ																						~								
Flat White Skimmed milk	Υ																						~								
Flat White Soya (instead of milk)	Υ	Υ																											~		
Flat White Coconut (instead of milk)	Υ	Υ																													
Flat White Oat (instead of milk)	Υ	Υ													~																
Latte Semi Skimmed milk	Υ																						V								
Latte Skimmed milk	Υ																						>								
Latte Soya (instead of milk)	Υ	Υ																											~		
Latte Oat (instead of milk)	Υ	Υ													~																
Latte Coconut (instead of milk)	Υ	Υ																													

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															**1		K anu t	egg am	ci gics.												
	Ve	Veg					Т	ree Nuts						C	Cereals con	taining glute	en			Celery				Milk							
Product	getarians	an Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Macchiato Semi Skimmed milk	Υ																						<								
Macchiato Skimmed milk	Υ																						~								
Macchiato Soya (instead of milk)	Υ	Υ																											<		
Macchiato Oat (instead of milk)	Υ	Υ													~																
Macchiato Coconut (instead of milk)	Υ	Υ																													
Mocha Semi Skimmed milk	Υ																						<								
Mocha Skimmed milk	Υ																						<								
Mocha Soya (instead of milk)	Υ	Υ																											~		
Mocha Coconut (instead of milk)	Υ	Υ																													
Mocha Oat (instead of milk)	Υ	Υ													~																
Other Hot Drinks																															
Chai Latte Semi Skimmed Milk	Υ																						>								
Chai Latte Skimmed Milk	Υ																						>								
Chai Latte Coconut (instead of Milk)	Υ	Υ																													
Chai Latte Soya (instead of Milk)	Υ	Υ																											V		
Chai Latte Oat (instead of Milk)	Υ	Υ													~																
Dirty Chai Latte Semi Skimmed Milk	Υ																						>								
Dirty Chai Latte Skimmed Milk	Υ																						>								
Dirty Chai Latte Coconut (instead of Milk)	Υ	Υ																													
Dirty Chai Latte Soya (instead of Milk)	Υ	Υ																											~		
Dirty Chai Latte Oat (instead of Milk)	Υ	Υ													>																
Matcha Latte Semi Skimmed Milk	Υ																						>								
Matcha Latte Skimmed Milk	Υ																						>								
Matcha Latte Coconut (instead of Milk)	Υ	Υ																													

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				 								T	T				K and	- 88	5												
	Veg	Vegar			1		Т	ree Nuts		1	1			C	Cereals con	taining glute	en			Celery				Milk							
Product	getarians	an Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Matcha Latte Soya (instead of Milk)	Υ	Υ																											\		
Matcha Latte Oat (instead of Milk)	Υ	Υ													>																
Iced Drinks																															
Iced Latte Semi Skimmed Milk	Υ																						~								
Iced Latte Skimmed Milk	Υ																						<								
Iced Latte Soya (instead of milk)	Υ	Υ																											>		
Iced Latte Coconut (instead of milk)	Υ	Υ																													
Iced Latte Oat (instead of milk)	Υ	Υ													>																
Iced Chai Latte Semi Skimmed Milk	Υ																						>								
Iced Chai Latte Skimmed Milk	Υ																						<								
Iced Chai Latte Coconut (instead of Milk)	Υ	Υ																													
Iced Chai Latte Soya (instead of Milk)	Υ	Υ																											~		
Iced Chai Latte Oat (instead of Milk)															_																
	Y	Υ													•																
Iced Dirty Chai Latte Semi Skimmed Milk	Y																						>								
Iced Dirty Chai Latte Skimmed Milk	Υ																						>								
Iced Dirty Chai Latte Coconut (instead of Milk)	Υ	Υ																													
Iced Dirty Chai Latte Soya (instead of Milk)	Υ	Υ																											>		
Iced Dirty Chai Latte Oat (instead of Milk)	Υ	Υ													~																
Iced Matcha Latte Semi Skimmed Milk	Υ																						>								
Iced Matcha Latte Skimmed Milk	Y																						>								
Iced Matcha Latte Coconut (instead of																															
Milk)	Υ	Υ																													
Iced Matcha Latte Soya (instead of Milk)	Υ	Υ																											~		
Iced Matcha Latte Oat (instead of Milk)	Υ	Υ													~																

Barista Prepared Drinks

				with milk and egg allergies. Tree Nuts Cereals containing gluten Crustacean Crustacean Crustacean																											
Dundanet	Vegeta s	Ve Frie	Deenut				Tr	ee Nuts				Casama		С	ereals cont	taining glute	en		Culatanan	Celery	F==	Link		Milk		Lumin	Molluscs	Mustand	2010	Culahitaa	Dina Nuta
Product	etarian s	Vegan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Iced Mocha Semi Skimmed Milk	Υ																						>								
Iced Mocha Skimmed Milk	Υ																						>								
Iced Mocha Soya (instead of milk)	Υ	Υ																											<		
Iced Mocha Coconut (instead of milk)	Υ	Υ																													
Iced Mocha Oat (instead of milk)	Υ	Υ													Y																
Iced White Americano Semi Skimmed Milk	Υ																						\								
Iced White Americano Skimmed Milk	Υ																						<								
Iced White Americano Oat (instead of milk)	Υ	Υ													>																
Iced White Americano Soya (instead of milk)	Υ	Υ																											>		
Iced White Americano Coconut (instead of milk)	Υ	Υ																													
Pret Coolers																															
Applejito	Υ	Υ																													
Berry Bliss	Υ	Υ																													
Feelin' Peachy	Υ	Υ																													
Mango Sunrise	Υ	Υ																													
Raspberry Lemonade	Υ	Υ																													
Rhuberry Breeze	Υ	Υ																													
Pret Shakers																															
Chocolate Chill	Υ																						~								
Caramel Blondie	Υ																						>								
Ruby Cocoa	Υ																						>								
Hot Chocolate																															
Hot Chocolate Semi Skimmed Milk	Υ																						<								
Hot Chocolate Skimmed Milk	Υ																						>								
Hot Chocolate Soya (instead of milk)	Υ	Υ																											>		
Hot Chocolate Coconut (instead of milk)	Υ	Υ																	_								_				
Hot Chocolate Oat (instead of milk)	Υ	Υ													V																

Hot Chocolate Powder	Υ	Υ																													
We prepare our fresh di								r shops ev ith allerg																					any o	f our foo	od or
Contents Key: ✓ (Product Contains) Y (Suitable For)				•				food and or drink	Barist	a-mad	e drin	ks in o	ur sho	ps ever	y day.	. We us	se man	y ingr to the	risk of c	ınd sha	red ec	quipme	ent, an	d whil	st we				•		
D 1	Vege	Vegan					Tre	ee Nuts						С	ereals con	taining glute	en			Celery				Milk							
Product	etarians	ı Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nut
Hot Chocolate Hazelnut	Υ																						~								
Hot Chocolate Hazelnut Skimmed	Υ																						~								
Hot Chocolate Hazelnut Soya (instead of milk)	Y	Υ																											V		
Hot Chocolate Hazelnut Coconut (instead of milk)	Υ	Υ																													
Hot Chocolate Hazelnut Oat (instead of milk)	Υ	Υ													>																
Syrups & Toppings																															
All Syrups	Υ	Υ																													
Whipped Cream	Υ																						>								
Milk shot																															
Semi Skimmed	Υ																						<								
Skimmed	Υ																						<								
Soya (instead of milk)	Υ	Υ																											~		
Coconut (instead of milk)	Υ	Υ																													
Oat (instead of milk)	Υ	Υ													>																
Tea																															
Ceylon Breakfast (add milk or milk alternative if White)	Υ	Υ																													
Earl Grey (add milk or milk alternative if White)	Υ	Υ																													
Peppermint (add milk or milk alternative if White)	Υ	Υ																													
Tropical Green (add milk or milk alternative	Υ	Υ																													
if White) Milk / instead of milk cup	•								<u> </u>	<u> </u>						<u> </u>													<u> </u>		
Semi Skimmed milk cup	Υ																						~								
Skimmed milk cup	Υ																						>								
Soya (instead of milk) cup	Y	Υ																											~		
Coconut (instead of milk) cup	ν	· v																													

Oat (instead of milk) cup	Υ	Υ							~								
Babyccino	Υ												<				

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Seasonal Drinks																	
Gingerbread Latte Semi Skimmed Milk	Υ												~				
Gingerbread Latte Skimmed Milk	Υ												<				
Gingerbread Latte Coconut (instead of Milk)	Υ	Υ															
Gingerbread Latte Soya (instead of Milk)	Υ	Υ														>	
Gingerbread Latte Oat (instead of Milk)	Υ	Υ							V								
Salted Caramel Latte Semi Skimmed Milk	Υ												•				
Salted Caramel Latte Skimmed Milk	Y												<				İ
Salted Caramel Latte Coconut (instead of Milk)	Υ	Υ															
Salted Caramel Latte Soya (instead of Milk)	Y	Υ														>	İ
Salted Caramel Latte Oat (instead of Milk)	Y	Υ							>								
Merry Berry Hot Chocolate Semi Skimmed Milk	Υ												~				
Merry Berry Hot Chocolate Skimmed Milk	Υ												>				
Merry Berry Hot Chocolate Coconut (instead of Milk)	Υ	Υ															
Merry Berry Hot Chocolate Soya (instead of Milk)	Υ	Υ														>	
Merry Berry Hot Chocolate Oat (instead of Milk)	Υ	Υ							<								